

Metadata Downloaded from



<https://discovery.closer.ac.uk/>

Table of Contents

Growing and Changing (3) Girl	4
Instrument Locations	4
alspac_01_gac3_f	4
s_intro_i	4
s_intro_ii	4
s_intro_iii	4
s_intro_iv	4
s_intro_v	5
s_intro_vi	5
SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT	5
qi_A1 - A1	5
qi_A2 - A2	6
qi_A3 - A3	6
qi_A4 - A4	6
s_qA4	7
qi_A4_a - A4 a	7
qi_A5 - A5	7
qi_A6_a - A6 a	7
qi_A6_b - A6 b	8
qi_A7 - A7	8
qi_A8_a - A8 a	9
s_qA8_a	9
qi_A8_a_i - A8 a(i)	9
qi_A8_b - A8 b	10
qi_A8_b_i - A8 b(i)	10
qi_A8_c - A8 c	10
qi_A8_c_i - A8 c(i)	11
s_qA9	11
qi_A9 - A9	12
qi_A10_a - A10 a	12
qi_A10_b - A10 b	12
qi_A11 - A11	13
PHYSICAL DEVELOPMENT	13
s_PhysDev_i	13
s_PhysDev_ii	13
s_PhysDev_iii	13
qi_PhysDev_i - PhysDev i	14

SECTION B.....	14
s_PhysDev_iv.....	14
qi_PhysDev_ii - PhysDev ii.....	14
External Aids.....	15
image.....	15
SECTION C.....	15
s_PhysDev_v.....	15
qi_PhysDev_iii - PhysDev iii.....	15
External Aids.....	16
image.....	16
s_PhysDev_vi.....	16
SECTION D.....	16
qi_D1_a - D1 a.....	17
qi_D1_b - D1 b.....	17
qi_D1_c - D1 c.....	17
qi_D2 - D2.....	18
qi_D3 - D3.....	18
s_outro_i.....	18
qi_outro_i - outro i.....	18
s_outro_iii.....	18
s_outro_iv.....	19

 Growing and Changing (3) Girl
closer:sourceFileName

alspac_01_gac3_f

Instrument Locations

- https://discovery.closer.ac.uk/files/instruments/alspac_01_gac3_f-2485ddb1cea9d1f2ef9facecbc6226f7.pdf

alspac_01_gac3_f

Label alspac_01_gac3_f	Location Sequence
Type Sequence	Order InOrderOfAppearance

 s_intro_i

Name s_intro_i	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

Mother/Daughter Questionnaire

 s_intro_ii

Name s_intro_ii	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

GROWING AND CHANGING (3)

 s_intro_iii

Name s_intro_iii	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text


There are important changes to a girl's body that can happen even as early as 6 or as late as 20. At this time in life we have some questions we need to ask and which we would appreciate hearing about.

 s_intro_iv

Name s_intro_iv	Location Sequence › alspac_01_gac3_f
Type Statement	


Statement Text

This questionnaire can be filled in by either mother or daughter. As always, if you don't want to answer a question, put a line through it.

 s_intro_v	
Name s_intro_v	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

Your answers will of course be kept in confidence and not attached to your name If you can only answer some of the questions please send those back

 s_intro_vi	
Name s_intro_vi	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

THANK YOU VERY MUCH FOR YOUR HELP.

SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT	
Label SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT	Location Sequence › alspac_01_gac3_f
Type Sequence	Order InOrderOfAppearance

 qi_A1 - A1		
Name qi_A1	Label A1	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Integer, Integer, Integer, Integer	Low 0	High

Question

What is your daughter's height (without shoes)? ... feet ... inches OR ... metres ... centimetres

Instructions

The best way to measure height is to ask your daughter to stand barefoot as straight as possible against a wall, to make a mark on the wall at the highest point on the child's head, and to measure the distance from the mark on the floor.

qi_A2 - A2

Name qi_A2	Label A2	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Integer, Integer, Integer	Low 0	High

Question

What is your daughter's weight (without shoes)? ... stones ... pounds OR ... kilos

Instructions

Please fill in using kilos or stones.

qi_A3 - A3

Name qi_A3	Label A3	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

In the past month, what was the average number of times that your daughter participated in vigorous physical activity (such as running, dance, gymnastics, netball, swimming or aerobics)?

Choices

1	none
2	less than once a week
3	1-3 times a week
4	4-6 times a week
5	daily

qi_A4 - A4

Name qi_A4	Label A4	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

Has your daughter started her menstrual periods yet?

Choices


1	Yes
2	No

 s_qA4

Name s_qA4	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Statement	

Statement Text

If no, please go to A10 on page 4

 qi_A4_a - A4 a

Name qi_A4_a	Label A4 a	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Integer	Low 0	High
Condition If yes,		

Question


How old was your daughter when she had her first period? ... years old

 qi_A5 - A5

Name qi_A5	Label A5	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Date		
Condition If yes,		

Question

When was her first period ?

 qi_A6_a - A6 a

Name qi_A6_a	Label A6 a	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Integer, Multiple Choice	Low 0	High
Condition If yes,		

Question

In the past year, how many days of bleeding has your daughter usually had during each of her periods? ... days

Choices

99	don't know
----	------------

? qi_A6_b - A6 b		
Name qi_A6_b	Label A6 b	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If you don't know, If yes,		

Question

is it probably:

Choices

1	3 days or less
2	4-6 days
3	7 days or more

? qi_A7 - A7		
Name qi_A7	Label A7	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Integer, Multiple Choice	Low 0	High
Condition If yes,		

Question

In the past year, what was the usual length of your daughter's menstrual cycle? In other words, how many days were there from the first day of one period to the first day of the next period? ... days

Choices

99	don't know
----	------------

qi_A8_a - A8 a		
Name qi_A8_a	Label A8 a	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes,		

Question

Has your daughter ever had any of the following symptoms associated with her period? Heavy or prolonged bleeding?

Choices

1	Yes
2	No

s_qA8_a	
Name s_qA8_a	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Statement	
Condition If yes,	

Statement Text

If no, go to A8b on page 4

qi_A8_a_i - A8 a(i)		
Name qi_A8_a_i	Label A8 a(i)	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes, If yes,		

Question

did you contact her doctor for this?

Choices

1	Yes
2	No

 qi_A8_b - A8 b

Name qi_A8_b	Label A8 b	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes,		

Question

Has your daughter ever had any of the following symptoms associated with her period? Severe cramps with her period?

Choices

1	Yes
2	No

 qi_A8_b_i - A8 b(i)

Name qi_A8_b_i	Label A8 b(i)	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes, If yes,		

Question

did you contact her doctor for this?

Choices

1	Yes
2	No

 qi_A8_c - A8 c

Name qi_A8_c	Label A8 c	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes,		

Question

Has your daughter ever had any of the following symptoms associated with her period? Period-type pains or pain in her pelvic area (lower part of her tummy) for most days of the month even when she is not bleeding?

Choices

1	Yes
2	No

? qi_A8_c_i - A8 c(i)		
Name qi_A8_c_i	Label A8 c(i)	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes, If yes,		

Question

Did you contact her doctor for this?


Choices

1	Yes
2	No

i s_qA9	
Name s_qA9	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Statement	
Condition If yes,	

Statement Text

Sometimes, if girls have problems with their periods e.g. heavy bleeding, irregular bleeding or cramps, their G.P. may prescribe the oral contraceptive pill (which can be called 'hormone' or 'oestrogen pills') to help.

 qi_A9 - A9

Name qi_A9	Label A9	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style
Condition If yes,		

Question

Has your daughter taken oral contraceptives or birth control pills, for any reason during the past 12 months?

Choices

1	Yes
2	No

 qi_A10_a - A10 a

Name qi_A10_a	Label A10 a	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

Has a doctor ever told your daughter that she had a thyroid problem or asked her to take thyroid medicine or treatment?

Choices

1	Yes
2	No

 qi_A10_b - A10 b

Name qi_A10_b	Label A10 b	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Text	Minimum Length	Maximum Length 255
Condition If yes,		

Question

What kind of thyroid problem did the doctor say she had?

 qi_A11 - A11

Name qi_A11	Label A11	Location Sequence › alspac_01_gac3_f › SECTION A: PERIODS, PROBLEMS AND OTHER DEVELOPMENT
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

Has she started to have hair growing in the armpits?

Choices

1	Yes
2	No

PHYSICAL DEVELOPMENT


Label PHYSICAL DEVELOPMENT	Location Sequence › alspac_01_gac3_f
Type Sequence	Order InOrderOfAppearance

 s_PhysDev_i

Name s_PhysDev_i	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
Type Statement	

Statement Text

We would like to assess the stage of your daughter's physical development using the drawings on the next pages. These indicate various stages of puberty commonly used by doctors to assess the growth and development of girls.

 s_PhysDev_ii

Name s_PhysDev_ii	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
Type Statement	

Statement Text

We need to know which drawings most closely match your daughter's stage of development at the moment.

 s_PhysDev_iii

Name s_PhysDev_iii	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
-----------------------	--

Type Statement	
-------------------	--

Statement Text

Not all children follow the same pattern of development. Just pick the stage that is closest, based on both the picture and the description.

qi_PhysDev_i - PhysDev i		
Name qi_PhysDev_i	Label PhysDev i	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
Type Text	Minimum Length	Maximum Length

Question

If there are any additional comments about your daughter's physical growth and development that you would like to make, then please do so here:

SECTION B	
Label SECTION B	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
Type Sequence	Order InOrderOfAppearance

s_PhysDev_iv	
Name s_PhysDev_iv	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT › SECTION B
Type Statement	

Statement Text

The drawings below show stages of the way the breasts develop. A girl can go through each of the five stages shown, although some girls skip some stages. Please look at each of the drawings. It is also important to read the descriptions.

qi_PhysDev_ii - PhysDev ii		
Name qi_PhysDev_ii	Label PhysDev ii	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT › SECTION B
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

Put a tick in the box to the right of the drawing that is closest to your daughter's current breast stage.

Choices

1	The nipple is raised a little in this stage. The rest of the breast is still flat.
2	This is the breast bud stage. In this stage the nipple is raised more than in stage 1. The breast is a small mound. The dark area around the nipple (areola) is larger than in stage 1.
3	The areola and the breast are both larger than in stage 2. The areola does not stick out away from the breast.
4	The areola and the nipple make up a mound that sticks up above the shape of the breast (Note: This stage may not happen at all for some girls. Some girls develop from stage 3 to stage 5 with no stage 4.)
5	This is the mature adult stage. The breasts are fully developed. Only the nipple sticks out in this stage. The areola has moved back in the general shape of the breast.
6	Not sure

External Aids

image

- https://discovery.closer.ac.uk/external_aids/alspac_01_gac3_f/qc_physdev_ii.PNG

SECTION C

Label	Location
SECTION C	Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT
Type	Order
Sequence	InOrderOfAppearance

s_PhysDev_v

Name	Location
s_PhysDev_v	Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT › SECTION C
Type	
Statement	

Statement Text

The drawings below show different amounts of female pubic hair. A girl can go through each of the five stages shown. Please look at each of the drawings. It is also important to read the descriptions.

qi_PhysDev_iii - PhysDev iii

Name qi_PhysDev_iii	Label PhysDev iii	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT › SECTION C
Type Multiple Choice	Selection Type SelectOne	Display Style

Question

Put a tick in the box to the right of the drawing that is the closest to the amount of pubic hair your daughter has.


Choices

1	There is no pubic hair
2	There is a little long, lightly coloured hair. This hair may be straight or a little curly.
3	The hair is darker in this stage. It is coarser and more curled. It has spread out and thinly covers a bigger area.
4	The hair is now as dark, curly and coarse as that of an adult woman. However, the area that the hair covers is not as large as that of an adult woman. The hair has not spread out to the legs.
5	The hair is now like that of an adult woman. It also covers the same area as that of an adult woman. The hair usually forms a triangular pattern as it spreads out to the legs.
6	Not sure

External Aids

image

- https://discovery.closer.ac.uk/external_aids/alspac_01_gac3_f/qc_physdev_iii.PNG

 s_PhysDev_vi	
Name s_PhysDev_vi	Location Sequence › alspac_01_gac3_f › PHYSICAL DEVELOPMENT › SECTION C
Type Statement	

Statement Text

NOTE: Your daughter's pubic hair stage may or may not be the same as her stage of breast development

SECTION D	
Label SECTION D	Location Sequence › alspac_01_gac3_f

Type Sequence	Order InOrderOfAppearance
------------------	------------------------------

qi_D1_a - D1 a

Name qi_D1_a	Label D1 a	Location Sequence › alspac_01_gac3_f › SECTION D
Type Multiple Choice	Selection Type SelectUpToN (1)	Display Style

Question

This questionnaire was completed by: mother

Instructions

(tick all that apply)

Choices

1	Yes
---	-----

qi_D1_b - D1 b

Name qi_D1_b	Label D1 b	Location Sequence › alspac_01_gac3_f › SECTION D
Type Multiple Choice	Selection Type SelectUpToN (1)	Display Style

Question

This questionnaire was completed by: daughter

Instructions

(tick all that apply)

Choices

1	Yes
---	-----

qi_D1_c - D1 c

Name qi_D1_c	Label D1 c	Location Sequence › alspac_01_gac3_f › SECTION D
Type Multiple Choice, Text	Selection Type SelectUpToN (1)	Display Style

Question

This questionnaire was completed by: other (please tick and describe)

Instructions

(tick all that apply)

Choices

1	Yes
---	-----

qi_D2 - D2

Name qi_D2	Label D2	Location Sequence › alspac_01_gac3_f › SECTION D
Type Date		

Question

Please give the date on which you completed this questionnaire:

qi_D3 - D3

Name qi_D3	Label D3	Location Sequence › alspac_01_gac3_f › SECTION D
Type Date		

Question

Please give the date of birth of your daughter:

s_outro_i

Name s_outro_i	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

THANK YOU VERY MUCH FOR YOUR HELP

qi_outro_i - outro i

Name qi_outro_i	Label outro i	Location Sequence › alspac_01_gac3_f
Type Text	Minimum Length	Maximum Length

Question


Space for any additional comments you would like to make

s_outro_iii

Name s_outro_iii	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

Please remember we cannot reply to any comment unless you sign it.

 s_outro_iv	
Name s_outro_iv	Location Sequence › alspac_01_gac3_f
Type Statement	

Statement Text

When completed, please return the questionnaire to: Professor Jean Golding Children of the 90s - ALSPAC
Institute of Child Health