

Table of Contents

| | |
|--|---|
| us1_asc - Wave 1 Adult Self-Completion Questionnaire | 2 |
| Collection Events | 2 |
| 2009-01 - 2010-12 | 2 |
| Collection Organization | 2 |
| Wave1 1 Adult Self-Completion Questionnaire | 2 |
| Instrument Locations | 2 |
| us1_asc | 2 |
| s_intro_i | 2 |
| s_intro_ii | 2 |

us1_asc - Wave 1 Adult Self-Completion Questionnaire

Wave 1 Adult Self-Completion Questionnaire

Collection Events

2009-01 - 2010-12

Collection Organization

Mode of Collection

Self-administered questionnaire using a traditional paper questionnaire.

Wave1 1 Adult Self-Completion Questionnaire

closer:sourceFileName

us1_asc

Instrument Locations

- https://discovery.closer.ac.uk/files/instruments/us1_asc-fa05891544e7b29106aea549b4bc07f3.pdf

us1_asc

| | |
|----------|---------------------|
| Label | Location |
| us1_asc | Sequence |
| Type | Order |
| Sequence | InOrderOfAppearance |

s_intro_i

| | |
|-----------|--------------------|
| Name | Location |
| s_intro_i | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

ADULT SELF-COMPLETION QUESTIONNAIRE (AGED 16+)

s_intro_ii

| | |
|------------|--------------------|
| Name | Location |
| s_intro_ii | Sequence › us1_asc |

| | |
|-----------|--|
| Type | |
| Statement | |


Statement Text

Completing the questionnaire

| | |
|---|--------------------|
|  s_intro_iii | |
| Name | Location |
| s_intro_iii | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

Please answer questions by ticking the box next to the answer, as in the example below. Some questions have instructions that show which question to answer next. If there are no instructions, just answer the next question.

| | |
|--|--------------------|
|  s_intro_iv | |
| Name | Location |
| s_intro_iv | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

Please tick only one box for each question.

| | |
|---|--------------------|
|  s_intro_v | |
| Name | Location |
| s_intro_v | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

Returning the questionnaire

| | |
|--|--------------------|
|  s_intro_vi | |
| Name | Location |
| s_intro_vi | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text


If the interviewer is still in your home when you have completed the questionnaire, please hand it back to them. If not, please return the completed questionnaire in the pre-paid envelope as soon as you possibly can.

 s_intro_vii

| | |
|-------------|--------------------|
| Name | Location |
| s_intro_vii | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text


Now please go to Q1 and start filling in your answers

 qi_1 - 1

| | | |
|------|-------|--------------------|
| Name | Label | Location |
| qi_1 | 1 | Sequence › us1_asc |
| Type | | |
| Date | | |

Question

Please write in your date of birth:

 qi_2 - 2

| | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_2 | 2 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

Are you male or female?

Choices


| | |
|---|--------|
| 1 | Male |
| 2 | Female |

 s_q3

| | |
|-----------|--------------------|
| Name | Location |
| s_q3 | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

The first questions are about how you have been feeling recently.

 qi_3 - 3

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_3 | Label 3 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been able to concentrate on whatever you're doing?

Choices

| | |
|---|----------------------|
| 1 | Better than usual |
| 2 | Same as usual |
| 3 | Less than usual |
| 4 | Much less than usual |

 qi_4 - 4

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_4 | Label 4 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..lost much sleep over worry?

Choices

| | |
|---|------------------------|
| 1 | Not at all |
| 2 | No more than usual |
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_5 - 5

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_5 | Label 5 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..felt that you were playing a useful part in things?

Choices

| | |
|---|----------------------|
| 1 | More so than usual |
| 2 | Same as usual |
| 3 | Less so than usual |
| 4 | Much less than usual |

 qi_6 - 6

| | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_6 | 6 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

Have you recently... ..felt capable of making decisions about things?

Choices

| | |
|---|--------------------|
| 1 | More so than usual |
| 2 | Same as usual |
| 3 | Less so than usual |
| 4 | Much less capable |

 qi_7 - 7

| | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_7 | 7 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

Have you recently... ..felt constantly under strain?

Choices

| | |
|---|------------------------|
| 1 | Not at all |
| 2 | No more than usual |
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_8 - 8

| | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_8 | 8 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

Have you recently... ..felt you couldn't overcome your difficulties?

Choices

| | |
|---|--------------------|
| 1 | Not at all |
| 2 | No more than usual |

| | |
|---|------------------------|
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_9 - 9

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_9 | Label 9 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been able to enjoy your normal day-to-day activities?

Choices

| | |
|---|----------------------|
| 1 | More so than usual |
| 2 | Same as usual |
| 3 | Less so than usual |
| 4 | Much less than usual |

 qi_10 - 10

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_10 | Label 10 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been able to face up to problems?

Choices

| | |
|---|----------------------|
| 1 | More so than usual |
| 2 | Same as usual |
| 3 | Less able than usual |
| 4 | Much less able |

 qi_11 - 11

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_11 | Label 11 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been feeling unhappy or depressed?

Choices

| | |
|---|------------------------|
| 1 | Not at all |
| 2 | No more than usual |
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_12 - 12

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_12 | Label 12 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been losing confidence in yourself?

Choices

| | |
|---|------------------------|
| 1 | Not at all |
| 2 | No more than usual |
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_13 - 13

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_13 | Label 13 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been thinking of yourself as a worthless person?

Choices

| | |
|---|------------------------|
| 1 | Not at all |
| 2 | No more than usual |
| 3 | Rather more than usual |
| 4 | Much more than usual |

 qi_14 - 14

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_14 | Label 14 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Have you recently... ..been feeling reasonably happy, all things considered?

Choices

| | |
|---|-------------------------|
| 1 | More so than usual |
| 2 | About the same as usual |
| 3 | Less so than usual |
| 4 | Much less than usual |



s_q15

| | |
|-----------|--------------------|
| Name | Location |
| s_q15 | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

The following questions relate to your usual sleep habits during the last month. Please indicate the most accurate reply for the majority of days and nights in the past month.



qi_15 - 15

| | | |
|---------|-------|--------------------|
| Name | Label | Location |
| qi_15 | 15 | Sequence › us1_asc |
| Type | Low | High |
| Integer | 0 | |

Question

How many hours of actual sleep did you usually get at night during the last month? ... Hours : ... Minutes Hours of sleep per night

Instructions

This may be different than the actual number of hours you spent in bed.



qg_16 - 16

| | | |
|---------------|-------|--------------------|
| Name | Label | Location |
| qg_16 | 16 | Sequence › us1_asc |
| Type | | |
| Question Grid | | |

Question

During the past month, how often have you had trouble sleeping because you...

Rows

| | |
|---|---|
| 1 | ...cannot get to sleep within 30 minutes? |
|---|---|

| | |
|---|--|
| 2 | ...wake up in the middle of the night or early in the morning? |
| 3 | ...cough or snore loudly? |

Columns

| | |
|--|------|
| | Code |
|--|------|

| qi_17 - 17 | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_17 | 17 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

During the past month, how often have you taken medicine (prescribed or "over the counter") to help you sleep?

Choices

| | |
|---|----------------------------|
| 1 | Not during the past month |
| 2 | Less than once a week |
| 3 | Once or twice a week |
| 4 | Three or more times a week |

| qi_18 - 18 | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_18 | 18 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?

Choices

| | |
|---|----------------------------|
| 1 | Not during the past month |
| 2 | Less than once a week |
| 3 | Once or twice a week |
| 4 | Three or more times a week |

| qi_19 - 19 | | |
|------------|-------|--------------------|
| Name | Label | Location |
| qi_19 | 19 | Sequence › us1_asc |


| | | |
|-------------------------|-----------------------------|---------------|
| Type Multiple Choice | Selection Type SelectOne | Display Style |
|-------------------------|-----------------------------|---------------|

Question

During the past month, how would you rate your sleep quality overall?


Choices

| | |
|---|-------------|
| 1 | Very good |
| 2 | Fairly good |
| 3 | Fairly bad |
| 4 | Very bad |

| | |
|---|--------------------------------|
|  s_q20_i | |
| Name s_q20_i | Location Sequence › us1_asc |
| Type Statement | |


Statement Text

The next questions are about your opinions on the environment.

| | |
|--|--------------------------------|
|  s_q20_ii | |
| Name s_q20_ii | Location Sequence › us1_asc |
| Type Statement | |

Statement Text

For each of the following statements please tick the answer that is closest to your view

| | | |
|--|-----------------------------|--------------------------------|
|  qi_20 - 20 | | |
| Name qi_20 | Label 20 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Which of these best describes how you feel about your current lifestyle and the environment?

Choices

| | |
|---|---|
| 1 | I'm happy with what I do at the moment |
| 2 | I'd like to do a bit more to help the environment |
| 3 | I'd like to do a lot more to help the environment |

 qi_21 - 21

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_21 | Label 21 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

And which of these would you say best describes your current lifestyle?

Choices

| | |
|---|---|
| 1 | I don't really do anything that is environmentally-friendly |
| 2 | I do one or two things that are environmentally-friendly |
| 3 | I do quite a few things that are environmentally-friendly |
| 4 | I'm environmentally-friendly in most things I do |
| 5 | I'm environmentally-friendly in everything I do |

 qi_22 - 22

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_22 | Label 22 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Do you agree or disagree that being green is an alternative lifestyle, it's not for the majority?

Choices

| | |
|---|-------------------|
| 1 | Agree strongly |
| 2 | Agree |
| 3 | Disagree |
| 4 | Disagree strongly |

 qg_23_i - 23_i

| | | |
|-----------------------|---------------|--------------------------------|
| Name qg_23_i | Label 23 i | Location Sequence › us1_asc |
| Type Question Grid | | |

Question

Please tick whether, on the whole, you personally believe or do not believe each of the following statements

Rows

| | |
|---|--|
| 1 | I don't believe my behaviour and everyday lifestyle contribute to climate change |
| 2 | I would be prepared to pay more for environmentally friendly products |
| 3 | If things continue on their current course, we will soon experience a major environmental disaster |
| 4 | The so-called 'environmental crisis' facing humanity has been greatly exaggerated |
| 5 | Climate change is beyond control - it's too late to do anything about it |

Columns

| | |
|--|------|
| | Code |
|--|------|

| ? qg_23_ii - 23 ii | | |
|-----------------------|----------------|--------------------------------|
| Name qg_23_ii | Label 23 ii | Location Sequence › us1_asc |
| Type Question Grid | | |

Question

Please tick whether, on the whole, you personally believe or do not believe each of the following statements

Rows

| | |
|---|---|
| 1 | The effects of climate change are too far in the future to really worry me |
| 2 | Any changes I make to help the environment need to fit in with my lifestyle |
| 3 | It's not worth me doing things to help the environment if others don't do the same |
| 4 | It's not worth Britain trying to combat climate change, because other countries will just cancel out what we do |
| 5 | People in the UK will be affected by climate change in the next 30 years |
| 6 | People in the UK will be affected by climate change in the next 200 years |

Columns

| | |
|--|------|
| | Code |
|--|------|



s_q24

| | |
|-------------------|--------------------------------|
| Name s_q24 | Location Sequence › us1_asc |
| Type Statement | |

Statement Text

Next, here are some statements about neighbourhoods



qg_24 - 24

| | | |
|-----------------------|-------------|--------------------------------|
| Name qg_24 | Label 24 | Location Sequence › us1_asc |
| Type Question Grid | | |

Question

Please tick the box that indicates how strongly you agree or disagree with each statement.

Rows

| | |
|---|---|
| 1 | I feel like I belong to this neighbourhood. |
| 2 | The friendships and associations I have with other people in my neighbourhood mean a lot to me. |
| 3 | If I needed advice about something I could go to someone in my neighbourhood. |
| 4 | I borrow things and exchange favours with my neighbours. |
| 5 | I would be willing to work together with others on something to improve my neighbourhood. |
| 6 | I plan to remain a resident of this neighbourhood for a number of years. |
| 7 | I like to think of myself as similar to the people who live in this neighbourhood. |
| 8 | I regularly stop and talk with people in my neighbourhood. |

Columns

| | |
|--|------|
| | Code |
|--|------|



qi_25 - 25

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_25 | Label 25 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Generally speaking would you say that most people can be trusted, or that you can't be too careful in dealing with people?

Choices

| | |
|---|----------------------------|
| 1 | Most people can be trusted |
| 2 | Can't be too careful |
| 3 | Depends |



s_q26

| | |
|-----------|--------------------|
| Name | Location |
| s_q26 | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

Here are some questions about how you feel about your life



qg_26 - 26

| | | |
|---------------|-------|--------------------|
| Name | Label | Location |
| qg_26 | 26 | Sequence › us1_asc |
| Type | | |
| Question Grid | | |

Question

Please tick the number which you feel best describes how dissatisfied or satisfied you are with the following aspects of your current situation. 1 = Completely Dissatisfied, 7 = Completely Satisfied

Rows

| | |
|---|-------------------------------------|
| 1 | Your health |
| 2 | The income of your household |
| 3 | The amount of leisure time you have |
| 4 | Your life overall |

Columns

| | |
|--|------|
| | Code |
|--|------|



qg_27 - 27

| | | |
|---------------|-------|--------------------|
| Name | Label | Location |
| qg_27 | 27 | Sequence › us1_asc |
| Type | | |
| Question Grid | | |

Question

Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last 2 weeks.

Rows

| | |
|---|--|
| 1 | I've been feeling optimistic about the future |
| 2 | I've been feeling useful |
| 3 | I've been feeling relaxed |
| 4 | I've been dealing with problems well |
| 5 | I've been thinking clearly |
| 6 | I've been feeling close to other people |
| 7 | I've been able to make up my own mind about things |

Columns

| | |
|--|------|
| | Code |
|--|------|

| qi_28 - 28 | | |
|-----------------|----------------|--------------------|
| Name | Label | Location |
| qi_28 | 28 | Sequence › us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |

Question

Are you generally a person who is fully prepared to take risks or do you try to avoid taking risks?

Choices

| | |
|----|----------------------------------|
| 0 | 0: Avoid taking risks |
| 1 | 1 |
| 2 | 2 |
| 3 | 3 |
| 4 | 4 |
| 5 | 5 |
| 6 | 6 |
| 7 | 7 |
| 8 | 8 |
| 9 | 9 |
| 10 | 10: Fully prepared to take risks |

 qi_29 - 29

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_29 | Label 29 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Are you generally a person who is fully prepared to take risks in trusting strangers or do you try to avoid taking such risks?

Choices

| | |
|----|--|
| 0 | 0: Avoid taking risks in trusting strangers |
| 1 | 1 |
| 2 | 2 |
| 3 | 3 |
| 4 | 4 |
| 5 | 5 |
| 6 | 6 |
| 7 | 7 |
| 8 | 8 |
| 9 | 9 |
| 10 | 10: Fully prepared to take risks in trusting strangers |

 qi_30 - 30

| | | |
|-------------------------|-----------------------------|--------------------------------|
| Name qi_30 | Label 30 | Location Sequence › us1_asc |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Are you married or living with a partner?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

 qg_31 - 31

| | | |
|-----------------------|-------------|--------------------------------|
| Name qg_31 | Label 31 | Location Sequence › us1_asc |
| Type Question Grid | | |

Condition

If Yes to question 30

Question

Please indicate on each question the box which best describes your relationship with your partner at the moment. Please tick one box only for each question.

Rows

| | |
|---|--------------------------------------|
| 1 | Have a stimulating exchange of ideas |
| 2 | Calmly discuss something |
| 3 | Work together on a project |

Columns

| | |
|--|------|
| | Code |
|--|------|

 qg_32 - 32

| | | |
|---------------|-------|--------------------|
| Name | Label | Location |
| qg_32 | 32 | Sequence › us1_asc |
| Type | | |
| Question Grid | | |

Condition

If Yes to question 30

Question


Please indicate on each question the box which best describes your relationship with your partner at the moment. Please tick one box only for each question.

Rows

| | |
|---|---|
| 1 | How often do you discuss or have you considered divorce, separation or terminating your relationship? |
| 2 | Do you ever regret that you married or lived together? |
| 3 | How often do you and your partner quarrel? |
| 4 | How often do you and your partner "get on each others nerves"? |
| 5 | Do you kiss your partner? |

Columns

| | |
|--|------|
| | Code |
|--|------|

 qi_33 - 33

| | | |
|-------|-------|--------------------|
| Name | Label | Location |
| qi_33 | 33 | Sequence › us1_asc |


| | | |
|-----------------------|----------------|---------------|
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |
| Condition | | |
| If Yes to question 30 | | |

Question

Do you and your partner engage in outside interests together?

Choices

| | |
|---|------------------|
| 1 | All of them |
| 2 | Most of them |
| 3 | Some of them |
| 4 | Very few of them |
| 5 | None of them |

| | | |
|--|----------------|--------------------|
|  qi_34 - 34 | | |
| Name | Label | Location |
| qi_34 | 34 | Sequence > us1_asc |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectOne | |
| Condition | | |
| If Yes to question 30 | | |

Question

The boxes on the following line represent different degrees of happiness in your relationship. The middle point, "happy", represents the degree of happiness of most relationships. Please tick the box which best describes the degree of happiness, all things considered, of your relationship.

Choices

| | |
|---|-------------------|
| 1 | Extremely unhappy |
| 2 | Fairly unhappy |
| 3 | A little unhappy |
| 4 | Happy |
| 5 | Very Happy |
| 6 | Extremely happy |
| 7 | Perfect |

| | |
|---|--------------------|
|  s_outro_i | |
| Name | Location |
| s_outro_i | Sequence > us1_asc |
| Type | |
| Statement | |

Statement Text

Thank you very much for taking the time to answer our questions.

| s_outro_ii | |
|------------|--------------------|
| Name | Location |
| s_outro_ii | Sequence › us1_asc |
| Type | |
| Statement | |

Statement Text

Please give the questionnaire either to the interviewer or post it back in the envelope provided.