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Growing and Changing (1) Girl

closer:sourceFileName

alspac_99_gac1_f

Instrument Locations

- https://discovery.closer.ac.uk/files/instruments/alspac_99_gac1_f-1efd6e064926b963b3c47e6fec06d1a3.pdf

alspac_99_gac1_f

| | |
|---------------------------|------------------------------|
| Label alspac_99_gac1_f | Location Sequence |
| Type Sequence | Order InOrderOfAppearance |

s_intro_i

| | |
|-------------------|---|
| Name s_intro_i | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

Mother/Daughter Questionnaire

s_intro_ii

| | |
|--------------------|---|
| Name s_intro_ii | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

GROWING AND CHANGING

s_intro_iii

| | |
|---------------------|---|
| Name s_intro_iii | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

There are important changes to a girl's body that can happen even as early as 6. At this time in life we have some questions we need to ask and which we would appreciate hearing about.

| s_intro_iv | |
|------------|-----------------------------|
| Name | Location |
| s_intro_iv | Sequence › alspac_99_gac1_f |
| Type | |
| Statement | |

Statement Text

This questionnaire can be filled in by either mother or daughter. As always, if you don't want to answer a question, put a line through it.

| s_intro_v | |
|-----------|-----------------------------|
| Name | Location |
| s_intro_v | Sequence › alspac_99_gac1_f |
| Type | |
| Statement | |

Statement Text

Your answers will of course be kept in confidence and not attached to your name

| s_intro_vi | |
|------------|-----------------------------|
| Name | Location |
| s_intro_vi | Sequence › alspac_99_gac1_f |
| Type | |
| Statement | |

Statement Text

THANK YOU VERY MUCH FOR YOUR HELP.

SECTION A: PERIODS AND PROBLEMS

| | |
|---------------------------------|-----------------------------|
| Label | Location |
| SECTION A: PERIODS AND PROBLEMS | Sequence › alspac_99_gac1_f |
| Type | Order |
| Sequence | InOrderOfAppearance |

| qi_A1 - A1 | | |
|------------|-------|---|
| Name | Label | Location |
| qi_A1 | A1 | Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type | Low | High |
| Integer | 0 | |

Question

What is your daughter's height (without shoes)? ... feet ... inches OR ... metres ... centimetres

Instructions

The best way to measure height is to ask your daughter to stand barefoot as straight as possible against a wall, to make a mark on the wall at the highest point on the child's head, and to measure the distance from the mark on the floor.

| qi_A2 - A2 | | |
|-----------------|-------------|---|
| Name qi_A2 | Label A2 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Integer | Low 0 | High |

Question

What is your daughter's weight (without shoes)? ... stones ... pounds OR ... kilos

Instructions

Please fill in using kilos or stones.

| qi_A3 - A3 | | |
|-------------------------|-----------------------------|---|
| Name qi_A3 | Label A3 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

In the past month, what was the average number of times that your daughter participated in vigorous physical activity (such as running, dance, gymnastics, netball, swimming or aerobics)?

Choices

| | |
|---|-----------------------|
| 1 | none |
| 2 | less than once a week |
| 3 | 1-3 times a week |
| 4 | 4-6 times a week |
| 5 | daily |

| qi_A4 - A4 | | |
|------------|--|--|
|------------|--|--|

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A4 | Label A4 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Has your daughter started her menstrual periods yet?

Choices

| | |
|---|-----|
| 1 | yes |
| 2 | no |

| | | |
|-------------------|---|--|
| s_qA4 | | |
| Name s_qA4 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS | |
| Type Statement | | |

Statement Text

If no, please go to A10 on page 4

| | | |
|----------------------|---------------|---|
| qi_A4_a - A4 a | | |
| Name qi_A4_a | Label A4 a | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Integer | Low 0 | High |
| Condition If yes, | | |

Question

How old was your daughter when she had her first period? ... years old

| | | |
|---------------|-------------|---|
| qi_A5 - A5 | | |
| Name qi_A5 | Label A5 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Date | | |

Condition

If yes,

Question

When was her first period ?

qi_A6_a - A6 a

| | | |
|-----------------|---------------|---|
| Name qi_A6_a | Label A6 a | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Integer | Low 0 | High |

Condition

If yes,

Question

In the past year, how many days of bleeding has your daughter usually had during each of her periods? ... days

qi_A6_b - A6 b

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A6_b | Label A6 b | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition

If you don't know,

If yes,

Question

is it probably:

Choices

| | |
|---|----------------|
| 1 | 3 days or less |
| 2 | 4-6 days |
| 3 | 7 days or more |

qi_A7 - A7

| | | |
|-----------------|-------------|---|
| Name qi_A7 | Label A7 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Integer | Low 0 | High |

Condition

If yes,

Question

In the past year, what was the usual length of your daughter's menstrual cycle? In other words, how many days were there from the first day of one period to the first day of the next period? ... days

qi_A8_a - A8 a

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A8_a | Label A8 a | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition

If yes,

Question

Has your daughter ever had any of the following symptoms associated with her period? Heavy or prolonged bleeding?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

s_qA8_a

| | |
|-------------------|---|
| Name s_qA8_a | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Statement | |

Condition

If yes,

Statement Text

If no, go to A8b on page 4

qi_A8_a_i - A8 a(i)

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A8_a_i | Label A8 a(i) | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition
If yes,
If yes,

Question

Did you contact her doctor for this?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

 qi_A8_b - A8 b

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A8_b | Label A8 b | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition
If yes,

Question

Has your daughter ever had any of the following symptoms associated with her period? Severe cramps with her period?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

 qi_A8_b_i - A8 b(i)

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A8_b_i | Label A8 b(i) | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition
If yes,
If yes,

Question

Did you contact her doctor for this?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

| qi_A8_c - A8 c | | |
|-------------------------|-----------------------------|---|
| Name qi_A8_c | Label A8 c | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |
| Condition If yes, | | |

Question

Has your daughter ever had any of the following symptoms associated with her period? Period-type pains or pain in her pelvic area (lower part of the tummy) for most days of the month even when she is not bleeding?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

| qi_A8_c_i - A8 c(i) | | |
|---------------------------------|-----------------------------|---|
| Name qi_A8_c_i | Label A8 c(i) | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |
| Condition If yes, If yes, | | |

Question

Did you contact her doctor for this?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

| s_qA8_c_i | |
|-------------------|---|
| Name s_qA8_c_i | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Statement | |

Condition

If yes,

Statement Text

Sometimes, if girls have problems with their periods e.g. heavy bleeding, irregular bleeding or cramps, their G.P. may prescribe the oral contraceptive pill (which can be called 'hormones' or 'oestrogen pills') to help.

qi_A9 - A9

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A9 | Label A9 | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Condition

If yes,

Question

Has your daughter taken oral contraceptives or birth control pills, for any reason during the past 12 months?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

qi_A10_a - A10 a

| | | |
|-------------------------|-----------------------------|---|
| Name qi_A10_a | Label A10 a | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Has a doctor ever told your daughter that she had a thyroid problem or asked her to take thyroid medicine or treatment?

Choices

| | |
|---|-----|
| 1 | Yes |
| 2 | No |

qi_A10_b - A10 b

| | | |
|------------------|----------------|---|
| Name qi_A10_b | Label A10 b | Location Sequence › alspac_99_gac1_f › SECTION A: PERIODS AND PROBLEMS |
|------------------|----------------|---|

| | | |
|----------------------|----------------|-----------------------|
| Type Text | Minimum Length | Maximum Length 255 |
| Condition If yes, | | |

Question

What kind of thyroid problem did the doctor say she had?

PHYSICAL DEVELOPMENT

| | |
|-------------------------------|---|
| Label PHYSICAL DEVELOPMENT | Location Sequence › alspac_99_gac1_f |
| Type Sequence | Order InOrderOfAppearance |

s_PhysDev_i

| | |
|---------------------|---|
| Name s_PhysDev_i | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type Statement | |

Statement Text

We would like to assess the stage of your daughter's physical development using the drawings on the next pages. These indicate various stages of puberty commonly used by doctors to assess the growth and development of girls.

s_PhysDev_ii

| | |
|----------------------|---|
| Name s_PhysDev_ii | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type Statement | |

Statement Text

We need to know which drawings most closely match your daughter's stage of development at the moment.

s_PhysDev_iii

| | |
|-----------------------|---|
| Name s_PhysDev_iii | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type Statement | |

Statement Text

Not all children follow the same pattern of development. Just pick the stage that is closest, based on both the picture and the description.

 qi_PhysDev_i - PhysDev i

| | | |
|----------------------|--------------------|---|
| Name qi_PhysDev_i | Label PhysDev i | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type Text | Minimum Length | Maximum Length |

Question

If there are any additional comments about your daughter's physical growth and development that you would like to make, then please do so here:

SECTION B

| | |
|--------------------|---|
| Label SECTION B | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type Sequence | Order InOrderOfAppearance |

 s_PhysDev_iv

| | |
|----------------------|--|
| Name s_PhysDev_iv | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT › SECTION B |
| Type Statement | |

Statement Text

The drawings below show stages of the way the breasts develop. A girl can go through each of the five stages shown, although some girls skip some stages. Please look at each of the drawings. It is also important to read the descriptions.

 qi_PhysDev_ii - PhysDev ii

| | | |
|-------------------------|-----------------------------|--|
| Name qi_PhysDev_ii | Label PhysDev ii | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT › SECTION B |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question

Put a tick in the box to the right of the drawing that is closest to your daughter's current breast stage.

Choices

| | |
|--------------------------|---|
| <input type="checkbox"/> | 1 The nipple is raised a little in this stage. The rest of the breast is still flat |
|--------------------------|---|

| | |
|---|--|
| 2 | This is the breast bud stage. In this stage the nipple is raised more than in stage 1. The breast is a small mound. The dark area around the nipple (areola) is larger than in stage 1 |
| 3 | The areola and the breast are both larger than in stage 2. The areola does not stick out away from the breast |
| 4 | The areola and the nipple make up a mound that sticks up above the shape of the breast (Note: This stage may not happen at all for some girls. Some girls develop from stage 3 to stage 5 with no stage 4) |
| 5 | This is the mature adult stage. The breasts are fully developed. Only the nipple sticks out in this stage. The areola has moved back in the general shape of the breast |
| 6 | Not sure |

External Aids

image

- Attachment

SECTION C

| | |
|-----------|---|
| Label | Location |
| SECTION C | Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT |
| Type | Order |
| Sequence | InOrderOfAppearance |



s_PhysDev_v

| | |
|-------------|--|
| Name | Location |
| s_PhysDev_v | Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT › SECTION C |
| Type | |
| Statement | |

Statement Text

The drawings below show different amounts of female pubic hair. A girl can go through each of the five stages shown. Please look at each of the drawings. It is also important to read the descriptions.



qi_PhysDev_iii - PhysDev.iii

| | | |
|-------------------------|-----------------------------|--|
| Name qi_PhysDev_iii | Label PhysDev iii | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT › SECTION C |
| Type Multiple Choice | Selection Type SelectOne | Display Style |

Question


Put a tick in the box to the right of the drawing that is the closest to the amount of pubic hair your daughter has.

Choices

| | |
|---|--|
| 1 | There is no pubic hair |
| 2 | There is a little long, lightly coloured hair. This may be straight or a little curly |
| 3 | The hair is darker in this stage. It is coarser and more curled. It has spread out and thinly covers a bigger area |
| 4 | The hair is now as dark, curly and coarse as that of an adult woman. However, the area that the hair covers is not as large as that of an adult woman. The hair has not spread out to the legs |
| 5 | The hair is now like an adult woman. It also covers the same area as that of an adult woman. The hair usually forms a triangular pattern as it spreads out to the legs |
| 6 | Not sure |

External Aids**image**

- [Attachment](#)

| | |
|--|--|
|  s_PhysDev_vi | |
| Name s_PhysDev_vi | Location Sequence › alspac_99_gac1_f › PHYSICAL DEVELOPMENT › SECTION C |
| Type Statement | |

Statement Text

NOTE: Your daughter's pubic hair stage may or may not be the same as her stage of breast development

SECTION D

| | |
|--------------------|---|
| Label SECTION D | Location Sequence › alspac_99_gac1_f |
|--------------------|---|

| | |
|----------|---------------------|
| Type | Order |
| Sequence | InOrderOfAppearance |

qi_D1_a - D1 a

| | | |
|-----------------|-----------------|---|
| Name | Label | Location |
| qi_D1_a | D1 a | Sequence › alspac_99_gac1_f › SECTION D |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectUpToN (1) | |

Question

This questionnaire was completed by: mother

Instructions

(tick all that apply)

Choices

| | |
|---|-----|
| 1 | Yes |
|---|-----|

qi_D1_b - D1 b

| | | |
|-----------------|-----------------|---|
| Name | Label | Location |
| qi_D1_b | D1 b | Sequence › alspac_99_gac1_f › SECTION D |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectUpToN (1) | |

Question

This questionnaire was completed by: daughter

Instructions

(tick all that apply)

Choices

| | |
|---|-----|
| 1 | Yes |
|---|-----|

qi_D1_c - D1 c

| | | |
|-----------------|-----------------|---|
| Name | Label | Location |
| qi_D1_c | D1 c | Sequence › alspac_99_gac1_f › SECTION D |
| Type | Selection Type | Display Style |
| Multiple Choice | SelectUpToN (1) | |

Question

This questionnaire was completed by: other (please tick and describe)

Instructions

(tick all that apply)

Choices

| | |
|---|-----|
| 1 | Yes |
|---|-----|

qi_D2 - D2

| | | |
|---------------|-------------|--|
| Name qi_D2 | Label D2 | Location Sequence › alspac_99_gac1_f › SECTION D |
| Type Date | | |

Question

Please give the date on which you completed this questionnaire:

qi_D3 - D3

| | | |
|---------------|-------------|--|
| Name qi_D3 | Label D3 | Location Sequence › alspac_99_gac1_f › SECTION D |
| Type Date | | |

Question

Please give the date of birth of your daughter:

s_outro_i

| | |
|-------------------|---|
| Name s_outro_i | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

THANK YOU VERY MUCH FOR YOUR HELP

qi_outro_i - outro i

| | | |
|--------------------|------------------|---|
| Name qi_outro_i | Label outro i | Location Sequence › alspac_99_gac1_f |
| Type Text | Minimum Length | Maximum Length |

Question


Space for any additional comments you would like to make

s_outro_ii

| | |
|--------------------|---|
| Name s_outro_ii | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

Please remember we cannot reply to any comment unless you sign it

| | |
|---|---|
|  s_outro_iii | |
| Name s_outro_iii | Location Sequence › alspac_99_gac1_f |
| Type Statement | |

Statement Text

When completed, please return the questionnaire to: Professor Jean Golding Children of the 90s - ALSPAC
Institute of Child Health